



Prayer Requests:

"Pray for one another"

- James 5:16 -

- Rodelio Baaqin & Family - working with congregations of the Lord's church in the Philippines
- Josiah Carelse & Family - working with the Lord's church in Cape Town, South Africa
- CA Fires - Please pray for those who have lost loved ones, homes & possessions and the fire fighters & rescue personnel; also the Pasadena church of Christ whose building was destroyed
- Leslie Denbow - left knee needs replacement surgery; experiencing nerve pain in right foot
- Filomena Derecho (Cathy's mother in the Philippines) - numerous health issues
- Retha Flack (Terry & Betty's Christian friend) - 2 blockages in heart; treatment being evaluated
- Richard Miles (Kathleen's nephew) - undergoing chemo & radiation to combat a rare sarcoma; recently had large tumors surgically removed from his abdomen; prognosis is not favorable
- Wayne Sampson - now attending a wound clinic 3 times per week to assist in healing his incision from the 11/18 Femoral Bypass surgery
- Henry Terrill & Family - grieving the loss of their loved one Carolyn who passed away Feb 13th
- Hurricane Victims - prayers for those affected by the devastation brought on by these storms
- Families of those who perished - in the mid-air collision in Washington DC on 1/30, and the plane crash in Philadelphia on 1/31; pray also for 1st responders & recovery/salvage crews
- Please pray for our nation (1 Timothy 2:1-3)
- Please pray for those not with us today — the sick & suffering and those who are spiritually weak & struggling

"Pray without ceasing." — 1 Thess 5:17

Heart Disease



The cities of Sodom and Gomorrah were doomed to destruction because of the vile & sinful life-style of its depraved inhabitants. Lot and his wife were warned by angels of God with these urgent words: "Escape for your life! Do not look behind you nor stay anywhere in the plain. Escape to the mountains, lest you be destroyed." (Gen 19:17). As Lot and his family fled to the city of Zoar and the Lord's judgement fell upon Sodom and Gomorrah, Lot's wife, who had been warned, "Do not look behind you," looked back and became a pillar of salt (Gen 19:26).

She was *motivated* to depart Sodom because of the urgency of the angel's warning to leave, but she was not *convinced* nor *converted*. She was seeking safety, but had divided interests and, perhaps, hidden desires. Her doom is rendered all the more regrettable when we consider the fact that she had nearly escaped! Ultimately, she was lost because her heart was still in Sodom. She left the city—*physically*, perhaps reluctantly, with her husband and family. But *spiritually*, in her heart, she still longed for Sodom.

Heart disease is both dangerous and deadly. As the number one cause of death in this country, it claims about 700,000 lives annually. Symptoms often go unnoticed until it is too late. Each year more than 1 million Americans experience a heart attack with nearly half of them having no prior warning signs. And an estimated 30 million Americans have one or more types of heart disease. But most are unaware of this and think they are fine!

As the example of Lot's wife teaches us, *spiritual* heart disease is just as insidious and just as deadly. Moreover, this sin-based disease carries with it eternal consequences. And the sobering truth is, it can affect believers as easily as unbelievers! As the inspired writer of the Letter to the Hebrews warns, "Take heed, brethren, lest there be in any of you **an evil heart of unbelief**, in departing from the living God. But exhort one another daily, while it is called Today; lest any of you **be hardened through the deceitfulness of sin**" (Heb 3:12-13). As we can

see, this condition is very serious and merits deliberate attention and constant vigilance.

When spiritual heart disease progresses to the point of one being "hardened through the deceitfulness of sin," the only cure is the living and powerful word of God. The Great Physician skillfully applies the truth of His word which is "sharper than any two-edged sword, piercing [penetrating; convicting] even to the division of soul and spirit ... and is a discernor of the thoughts and intents of the heart" (Hebrews 4:12). Only the living and powerful [active & efficacious] word of God, with the precision of a surgeon's scalpel, can peel the callous off a hardened heart and restore it to health and wholeness.

Since all have sinned and fall short of the glory of God (Romans 3:23), all of us are candidates for spiritual heart surgery. And sometimes, those who need it the most are completely unaware that they do! So, schedule an immediate appointment with the Great Physician and have a thorough spiritual examination (Ps 139:23; Jer 17:10). Perhaps some of us like the Psalmist need to say, "LORD, be merciful to me; heal my soul (heart), for I have sinned against You" (Psalm 41:4).

— Terry Schmidt ✍



WORSHIP ASSIGNMENTS for MARCH

Preaching: Terry Schmidt

Song Leader: Terry Schmidt

Opening Prayer: Louis Bureau

Scripture Reading: Jim Miller

Lord's Supper:

Jason Kennedy (lead) & Mike Doucette

Announcements & Closing Prayer:

George Cuvellier

Alternates: David Larrabee /

Wayne Sampson

Lord's Supper Prep: Betty Schmidt



Our Deepest Sympathy

Our sincerest condolences are extended to the Lord's church and the family of **Karolyn Terrill** as they mourn the death of their loved one, who passed away on Thursday, February 13th. May God's steadfast presence and tender compassion provide strength & comfort to these dear ones during this difficult time of grief and loss. ☩



Tammy Wells - March 18th
Kelly Bureau - March 26th

Visits to Our Web Page

Last Week: 9,145
This Month: 19,837



SNACKS!

Feb 23: Terry K
March 2: Jan

Attendance & Contribution

for February 2, 2025

Attendance — 14
Contribution — \$301

Order of Worship

February 23, 2025

"What is it then? I will pray with the spirit, and I will pray with the understanding also: I will sing with the spirit, and I will sing with the understanding also."

📖 - 1 Corinthians 14:15 - 📖

Song Leader: *Terry Schmidt*

Song—17

Opening Prayer: *Jim Miller*

Song—A (front cover)

Scripture Reading: *Jason Kennedy*
~ Genesis 19:15-17; 23-26 ~

Song—289

The Lord's Supper
George Cuvellier (lead) & *David Larrabee*

Song—170

Sermon: *Terry Schmidt*
"Remember Lot's Wife"

Song—596

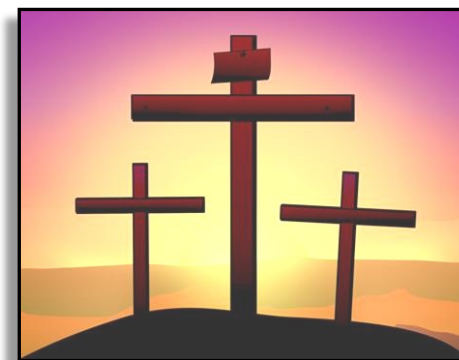
Announcements & Closing Prayer
Louis Bureau

Alternates: *Mike Doucette*/
Wayne Sampson

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Lord's Supper Prep: *Paula Kennedy*

## Southern Maine Church of Christ

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*We love Him, because  
He first loved us.  
- 1 John 4:19 -*

## February 23, 2025

## Meeting on the Lord's Day:

9:30 am — Bible Class  
10:30 am — Worship

*"Let us consider one another in order to stir up love and good works, not forsaking the assembling of ourselves together, as is the manner of some, but exhorting one another, and so much the more as you see the Day approaching."*

- Hebrews 10:24-25 -

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