



Prayer Requests:

"Pray for one another"

- James 5:16 -

- Josiah Carelse & Family - working with the Lord's church in Cape Town, South Africa
- Corona Pandemic - its effect & overall impact on our lives, the nation and the world
- Diane Cote - kidney disease/ health concerns
- Filomena Derecho (Cathy's mother in the Philippines) - numerous health issues
- Reyderick Derecho (Cathy's nephew) - permanently disabled and in need of prayer
- Sandy Gagnon - continuing health concerns
- Sandra (Glenda's aunt in California)- recovering from recent shoulder surgery
- Janice Grabowski - large growth on her neck
- Connie Henderson - chemotherapy and blood transfusion on 8/13 went well; will have the second chemo treatment in three weeks
- Kayden Cote (Paul & Diane's grandson) - having visual therapy on his right eye to strengthen eye muscles; may need surgery if this does not work
- Leah (Glenda's daughter) - ovarian cancer
- Joanne Neithercut - struggling with frequent bouts of depression
- George Nick - family issues & concerns
- Ernie Perry - arthritic back pain and COPD
- Norman Roy - at home now, but in severe pain; pain meds being administered intravenously; prayers are needed for him and his family as his health continues to decline
- Wayne Sampson - experiencing bursitis & arthritis pain and ongoing anxiety attacks
- Lance Schmidt (Terry & Betty's grandson) - graduated USAF basic training at Lackland AFB in San Antonio, TX on 8/20
- Terry Schmidt - having cataract surgery in right eye on Wed, 8/26; prayers appreciated

"Pray without ceasing." — 1 Thess 5:17

BALANCE



Whether it's the wheels on your car, a propeller on a boat, or a rotor on a helicopter, when things get out of balance the ride is going to get rough and there will be problems. A lot of damage to equipment and its various components can result if the problem is not addressed quickly. Life is the same way. When things get out of balance in our lives, the ride is going to get rough and there will be problems.

To keep his balance, a tight-rope walker holds a balance-beam at the center of his body. In order for a Christian to maintain his *spiritual* balance, Christ must be kept at the center of his life. However, when we are at the center of our lives, everything revolves around *us*, and things usually do not go well.

That's because you and I are not healthy centers for our lives. Selfishness and self-centeredness will inevitably bring forth the works of the flesh (Gal 5:16-21). But when Christ is at the center of our lives and on the throne of our hearts, we will consistently yield the fruit of the spirit in our lives (Gal 5:22-26).

Focusing on Christ and keeping Him at the center of our lives provides us with a solid foundation, spiritual stability and a healthy balance. Because in Christ "are hidden all the treasures of wisdom and knowledge" (Col 2:3), we have access to that which enables us to handle life God's way. When this happens, God is glorified (1 Cor 10:31), and we are blessed (Luke 11:28).

How can I be sure that I have Christ at the center of my life? One who has Christ at the center will be *Christ-like* in what he thinks, says and does. As the Scripture says: "He who says he abides in Him ought himself also to walk just as He walked" (1 John 2:6). In other words, the life of one who professes to live for God must bear the image, the characteristics, of Jesus Christ (Jn 13:34-35; Rom 8:29; 12:1-2; 2 Cor 5:17; Gal 2:20; Eph 4:20-24; Phil 2:1-5).

— Terry Schmidt ✍

Encouragement is really just a matter of time...the time it takes to be kind; the time it takes just to listen and talk; to help someone find peace of mind; the time it takes to do a thoughtful and generous favor that was not expected of you; the time that it takes just to answer a letter, send a text, an email, or return a phone call, to let someone know you're there for them. Encouragement is really just a matter of time...the time that you take when you care. ☺



Therefore encourage one another and build each other up, just as in fact you are doing.
(1 Thessalonians 5:11)



"Sirs, what must I do to be saved?"

- Acts 16:30 -

Hear the Gospel - John 6:44-45; Rom 10:14,17

Believe [trust in] God - John 3:16; 8:24; Ac 16:31
Heb 11:6

Repent of sins - Luke 13:1-5; Acts 2:38; 3:19; 17:30

Confess Christ - Mt 10:32-33; Ac 8:36-37;
Rom 10:8-10

Be baptized - Mk 16:16; Ac 2:38; 8:36; 22:16;
1 Pet 3:21

Be faithful unto death - Mt 7:21; Rev 2:10

☺ **Welcome Visitors!** ☺

We are glad to have you worship with us today. Please don't hesitate to ask if you have questions or if we can help you in any way. Please fill out a visitor's card before you depart. Have a great week!



Sept. 11th - Jason Kennedy
 Sept. 26th - Genesis Cuvellier



Cheerfulness is a plant that must be watched and cared for. Nothing will destroy our cheerfulness today like worrying about

what may happen tomorrow. Such worry is like a cloud covering the sun and casting darkness over everything. Remembering God's powerful presence and His saving grace helps to cultivate cheerfulness—even in the darkest of times. ☺

Visits to Our Web Page

This Week: 3,173
 This Month: 14,362



SNACKS!

Aug 23: Pat
 Aug 30: Glenda

Attendance & Contribution for August 16, 2020

Attendance — 21
 Contribution — \$315.

Order of Worship

August 23, 2020

"What is it then? I will pray with the spirit, and I will pray with the understanding also: I will sing with the spirit, and I will sing with the understanding also."

- 1 Corinthians 14:15 -

Song Leader: *Paul Cote*

Song—47

Opening Prayer: *Jim Miller*

Song—27

Scripture Reading: *Paul Bullock*
 ~ Colossians 1:23—2:5 ~

Song—197

The Lord's Supper:
George Cuvellier & Ernie Perry

Song—53

Sermon: *Terry Schmidt*
"The Center of Your Life"

Song—173

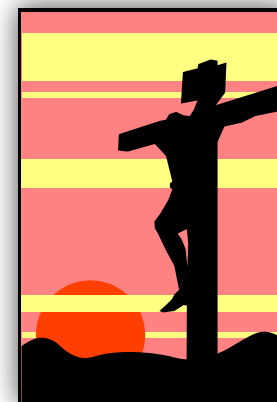
Announcements & Closing Prayer:
Jason Kennedy

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Lord's Supper Prep: *Terry Kennedy*

## Southern Maine Church of Christ

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*We love Him, because  
 He first loved us.  
 - 1 John 4:19 -*

## August 23, 2020

### Sunday Assembly Times:

9:30 am — Bible Class  
 10:30 am — Worship  
 6:00 — Bible Study

### Wednesday Assembly:

7:00 — Bible Study

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