



## Prayer Requests:

*"Pray for one another"*

- James 5:16 -

- Paul Bineau (Diane's 95 year old father) - can no longer walk
- Diane Cote - kidney disease; health concerns
- Sandy Gagnon - dealing with chronic pain & various health concerns
- Erik Grabowski - chronic neck pain
- Gordon Kennedy (Greenwood Nursing Home resident) - great granddaughter killed in a traffic accident; daughter-in-law Carol diagnosed with cancer; please pray for all of this family, in their grief, sorrow and difficulty
- Leah (Glenda's daughter) - diagnosed with terminal ovarian cancer; pray for pain relief; please pray for Glenda as well during this difficult and stressful time
- Jim Miller - suffering with severe chronic back pain; pray for an effective treatment & relief
- Pat Miller - suffering with diverticulitis; pray for an effective treatment & relief
- Steve Monts (Paul Bullock's brother-in-law) - injured in fall & broke his cheek bone; now recovering from his injuries
- Ernie Perry - dealing with COPD issues
- Norman Roy (Paula's sister's husband) - diagnosed with advanced ALS and now in hospice care at home; prayers needed for the family
- Henry Terrill - now in PT after back surgery
- Tring (new sister in Christ in Roanoke, AL) - pray for spiritual growth & maturity in Christ
- Jan Sampson - recovering from injuries sustained in a bad fall; may need elbow surgery
- Wayne Sampson - experiencing ongoing anxiety attacks; pray that the cause can be found, along with an effective treatment
- Please pray for our nation (1 Timothy 2:1-3)
- Please pray that we might find a suitable and affordable permanent meeting place
- Please pray for those not with us today

## PRESSURE



Although our citizenship is in heaven (Philippians 3:20), and we are blessed with "every spiritual blessing in Christ" (Ephesians 1:3), Christians are not immune to the problems, stresses and pressures of life. Even the inspired Apostle Paul had to deal with these. In 2 Corinthians 11, after listing a number of trials and tribulations he had endured, Paul adds: "Besides everything else, I face daily the pressure of my concern for all the churches" (v. 28).



The dictionary defines pressure as: (1) "the burden of physical or mental distress; (2) the constraint of circumstance; the weight of social or economic imposition; (3) the stress or urgency of matters demanding attention." No doubt, we can definitely relate to these distressing and daunting definitions.

Of course, some pressure in life is useful. The same continuous pressure that will grind a stone into sand will turn carbon into one of the strongest and most durable substances known to man—a diamond! Perhaps Paul had this in mind when he said in 2 Corinthians 4:8, "We are hard pressed on every side, but not crushed."

The Greek word translated "hard pressed" means "suffering due to the pressure of circumstances." How was it that Paul could endure such tremendous pressure without being crushed? He gives the answer in Galatians 2:20, "I have been crucified with Christ and I no longer live, but Christ lives in me!"

Christ "in us" gives us the strength to oppose the outside forces of the world that would threaten to crush us. And our "pressure suit" is the armor of God outlined in Ephesians 6:10-18. Pressured? Yes. Crushed? Never! "No, in all these things we are more than conquerors through him who loved us!" (Romans 8:37). Amen!

— Terry Schmidt ✍



## WORSHIP ASSIGNMENTS for MARCH

Preaching: Terry Schmidt

Song Leader: Paul Cote

Opening Prayer: Jim Miller

Scripture Reading: Jason Kennedy

Lord's Supper:

Wayne Sampson & Ernie Perry

Announcements & Closing Prayer:  
George Nick

Alternate/fill-in: George C. & Paul Bullock

Lord's Supper Prep: Connie Henderson

**"Sirs, what must I do to be saved?"**

**- Acts 16:30 -**

**Hear the Gospel** - John 6:44-45; Rom 10:14,17

**Believe** [trust in] God - John 3:16; 8:24; Ac 16:31  
Heb 11:6

**Repent** of sins - Luke 13:1-5; Acts 2:38; 3:19; 17:30

**Confess** Christ - Mt 10:32-33; Ac 8:36-37;  
Rom 10:8-10

**Be baptized** - Mk 16:16; Ac 2:38; 8:36; 22:16;  
1 Pet 3:21

**Be faithful** unto death - Mt 7:21; Rev 2:10

☺ **Welcome Visitors!** ☺

We are glad you have come to worship with us today. We want you to know that you are welcome. Please don't hesitate to ask if you have questions or if we can help you in any way. Please fill out a visitor's card before you depart.



Have a great week!



## Ladies' Corner

A Helping Hand with Cancer Patients:  
We will be meeting at the building on **Saturday, March 16** to make things for cancer patients. Some could make no-sew blankets or pillows (we will have the tables available). Some could knit or crochet, or some could paint pots. All are invited to help. There's something for everyone to do. ☺

Biddeford Ladies Day: Saturday, March 23rd beginning at 9:00am. Speaker— Sharon Gardner, Topic—"The Greatest Commandment." (flyer on back table)

## ANNOUNCEMENTS:

- Greenwood Nursing Home Service:  
Every Sunday afternoon at 3:30 PM.  
All are welcome! ☺

## VISITS TO OUR WEB PAGE

This Week: 598

This Month: 3066



*Owe no man anything, but to love one another:  
for he that loves another has fulfilled the law.*  
(Romans 13:8)

# Snacks!

February 24: Diane  
March 3: Sandy

*Contribution & Attendance*  
*for February 17, 2019*

Attendance — 25  
Contribution — \$664

## Order of Worship

February 24, 2019

*"God is greatly to be feared in the assembly  
of the saints, and to be held in reverence by  
all those who are around Him."*

- Psalm 89:7 -

Song Leader: *Paul Cote*

Song

Opening Prayer: *Wayne Sampson*

Song

Scripture Reading: *Paul Bullock*  
~ 2 Corinthians 4:7-10; 16-18 ~

Song

The Lord's Supper:  
*George Cuvellier & Ernie Perry*

Contribution

Song

Sermon: *Terry Schmidt*  
"Handling the Pressures of Life"

Song

Announcements & Closing Prayer:  
*Jason Kennedy*

Alternate/fill-in: *Paul Bullock*

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Lord's Supper Prep: *Jan Sampson*

## Southern Maine Church of Christ

159 Alfred Road, P.O. Box 344  
West Kennebunk, ME 04094



*We love Him, because  
He first loved us.*  
- 1 John 4:19 -

## February 24, 2019

### Sunday Assembly Times:

9:30 am — Bible Class  
10:30 am — Worship  
6:00 — Bible Study

### Wednesday Assembly:

7:00 — Bible Study

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