



Prayer Requests:

"Pray for one another"

- James 5:16 -

- Don Blackwell (gospel preacher) - spinal cord completely severed in a serious 4-wheeler accident; prayers needed
- Diane Cote - recently suffered a minor stroke; also has kidney disease & health concerns
- Sandy Gagnon - due to see a specialist in Boston soon; dealing with chronic pain and various health concerns
- Garcia Family - grieving the loss of their 20 yr old son who was killed in a moped accident
- Terry Kennedy - prayers for safe travel as she visits her brother in Virginia
- Leah (Glenda's daughter) - ovarian cancer; pray for pain relief; pray for Glenda as well
- Matthew (Connie's grandson) - recently checked into a Rehabilitation Facility
- Jim Miller - recent cataract surgery on his right eye was successful; left eye to be done on the 19th; prayers appreciated
- Ernie Perry - dealing with COPD issues
- Norman Roy (Paula's sister's husband) - the preliminary diagnosis of Lyme disease was confirmed—its called Ehrlichiosis; he also has a major bacterial infection in his body which is 4X higher than it should be due to non-treatment; he is currently on 2 powerful antibiotics, still in hospice care, and faces a long recovery; but he is gaining weight and doing better, which is an answer to our prayers; keep praying!
- Wayne Sampson - experiencing ongoing anxiety attacks; pray that the cause can be found, along with an effective treatment
- Please pray for our nation (1 Timothy 2:1-3)
- Please pray that we might find a suitable and affordable permanent meeting place

"Pray without ceasing." — 1 Thess 5:17

Contentment

Most would agree that a tranquil state of inner contentment and emotional well-being eludes most in our hectic modern society. People today are disillusioned, displeased and disgruntled. They can "lose it" at the slightest annoyance and are offended at the smallest perceived impropriety. They are easily irritated, continually agitated and forever frustrated. Many exhibit an angry, impatient, self-centered, demanding spirit which is seldom (if ever) satisfied. In short, these are not happy people!

Not so the Christian! God's people are to be content with such things as they have (Heb 13:5). "And having food and clothing, with these we shall be content" (1 Tim 6:8). Of course, this inner contentment does not "just happen," nor does it usually come easily to most. The beloved Apostle Paul said that he had to *learn* it. "Not that I speak in regard to need, for I have *learned* in whatever state I am, to be content" (Phil 4:11).

As you might have guessed, this is a faith issue. When we choose to put our faith and trust in God who cares for us and supplies all our needs, when we place our total dependence on Him, we are in Good Hands! (actually, the Best Hands!). Like the Psalmist, we can confidently affirm, "The Lord is my shepherd, I shall not want (lack anything). As we learn more and more to trust our capable God to take care of us, we also learn to rest content in His care.

The state of spiritual well-being and inner contentment God provides the believer is not dependent on external stimuli or outside circumstances. Because of our faith, we can be content and at peace even when times are challenging, stressful and difficult. This is "the peace of God which surpasses all understanding" (Phil 4:7). As God's adopted children, we can be content with our lot "in Christ," through whom we can "do all things" (Phil 4:13). Even if our means are scant and meager, we can be content with such things as we have (Heb 13:5), for we know that whatever we have comes from the loving hand of God (1 Cor 4:7; Jas 1:17).

The joy, peace and inner contentment that comes from being right with God (because of Christ's tremendous sacrifice on our behalf) and from living a life in harmony with His will – is priceless! Those of the world would spend hundreds, even thousands of dollars for pharmaceutical drugs for this type of emotional well-being. But it is found only in Christ (Jn 14:6; Acts 4:12). Is it any wonder why Paul would confidently proclaim: "But godliness with contentment is great gain!" (1 Tim 6:6). — **Terry Schmidt** ✍

"Sirs, what must I do to be saved?"

- Acts 16:30 -

Hear the Gospel - John 6:44-45; Rom 10:14,17
Believe [trust in] God - John 3:16; 8:24; Ac 16:31
Heb 11:6

Repent of sins - Luke 13:1-5; Acts 2:38; 3:19; 17:30
Confess Christ - Mt 10:32-33; Ac 8:36-37;
Rom 10:8-10

Be baptized - Mk 16:16; Ac 2:38; 8:36; 22:16;
1 Pet 3:21

Be faithful unto death - Mt 7:21; Rev 2:10

"I am the way, the truth, and the life. No one comes to the Father except through Me."
Jesus — John 14:6

VISITS TO OUR WEB PAGE

This Week: 776

This Month: 2,890



😊 **Welcome Visitors!** 😊

We are glad you have come to worship with us today. We want you to know that you are welcome. Please don't hesitate to ask if you have questions or if we can help you in any way. Please fill out a visitor's card before you depart.

Have a great week!



~ Announcements ~

- **Potluck BBQ**: TODAY after services at Jason and Paula's
- **Gospel Meeting with Brent Newton**: September 8—11 (flyers on back table)
- **Greenwood Nursing Home Service**: Every Sunday afternoon at 3:30 PM. All are welcome! ☺

Birthdays

14th – Wayne Sampson
21st - Paul Bullock
22nd - Ernie Perry



Toady after services at Jason and Paula's. They will provide the meat, buns and beverages. We are asked to bring salads and/or desserts.

All are invited.
Hope to see you there! ☺

SNACKS!

August 11: Betty
August 18: Jan

Contribution & Attendance for August 4, 2019

Attendance — 25
Contribution — \$398

Order of Worship

August 11, 2019

*"I will declare Thy name unto my brethren,
in the midst of the church I will
sing praise unto Thee."*

- Hebrews 2:12 -

Song Leader: *Paul Cote*

Song — 188

Opening Prayer: *Jason Kennedy*

Song — 561

Scripture Reading: *Jim Miller*
~ Philippians 4:6-13 ~

Song — 321

The Lord's Supper:
George Cuvellier & Ernie Perry

Contribution

Song — 53

Sermon: *Terry Schmidt*
"The Secret of Being Content"

Song — 593

Announcements & Closing Prayer:
Wayne Sampson

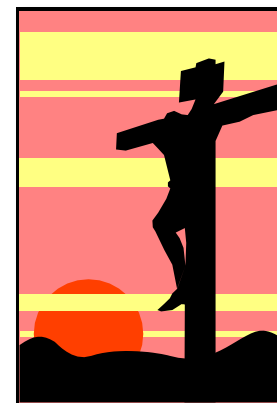
Alternate: *Paul Bullock*

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Lord's Supper Prep: *Connie Henderson*

## Southern Maine Church of Christ

159 Alfred Road, P.O. Box 344  
West Kennebunk, ME 04094



*We love Him, because  
He first loved us.*  
- 1 John 4:19 -

**August 11, 2019**

## Sunday Assembly Times:

9:30 am — Bible Class  
10:30 am — Worship  
6:00 — Bible Study

## Wednesday Assembly:

7:00 — Bible Study

Phone: 207-229-4174  
Email: [tls654b@twc.com](mailto:tls654b@twc.com)  
Website: [www.southernmainecofc.com](http://www.southernmainecofc.com)