



## Prayer Requests:

*"Pray for one another"*

- James 5:16 -

- Paul Bineau (Diane's 95 year old father) - can no longer walk
- Raymond Bineau (Diane's brother) - suffered a heart attack and has COPD; unable to walk
- Diane Cote - kidney disease; health concerns
- Paul & Sandy Gagnon - Paul: at Greenwood Center in Sanford & doing well; Sandy: various health concerns; dealing with chronic pain brought on by polymyalgia rheumatica
- Erik Grabowski - Still experiencing chronic neck pain; cortisone shots did not work
- Terry Kennedy - prayers for safe travel while on vacation
- David Murphy (Sandy's brother) - inoperable prostate cancer; also has diabetes
- Ariana Nick - serious medical issues - age 16
- Caren Nick - chronic fatigue syndrome
- Ernie Perry - dealing with COPD issues
- Norman Roy (Paula's sister's 54 year old husband) - rapid weight loss, muscle mass reduction and overall deteriorating health; going to Mass General at some point for further testing and another opinion; please pray for the family and for a definitive diagnosis & healing
- Trina (new sister in Christ in Lineville, AL) - pray for spiritual growth & maturity in Christ
- Wayne Sampson - experiencing ongoing anxiety attacks
- Karlee Wells - various health issues; dealing with PTSD, TBI, migraines and chronic pain
- Please pray for our nation (1 Timothy 2:1-3)
- Please pray that we might find a suitable and affordable permanent meeting place
- Please pray for those not with us today
- Please pray for the success of our Gospel Meeting

*"Pray without ceasing."* — 1 Thess 5:17



## The Flesh

As long as we continue to exist in the human condition, there will be an ongoing struggle within us between the flesh and the Spirit. "For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another..." (Gal 5:17). But, just what is meant by "the flesh?" In order to better understand this, let's look at some definitions.

The word "denotes the sinful element of human nature as opposed to the Spirit. To live according to the flesh, is to live and act sinfully" (*Easton's Bible Dictionary*). The flesh is "the seat of sin in man" (*Vine's Expository Dictionary*). It is that sensuous "animal" nature of man with all of its innate cravings, passions and desires—the earthly human nature apart from divine influence, prone to sin and opposed to God.

"Because the carnal mind (Greek *sarx*—same word translated "flesh" in other places), is enmity against God; for it is not subject to the law of God, nor indeed can be. So then, those who are in the flesh cannot please God" (Rom 8:7-8). "For to be carnally minded is death..." (v. 6). "For if you live according to the flesh you will die; but if by the Spirit you put to death the deeds of the body, you will live" (v.13).

That's the key to overcoming the constant pull of the flesh in our lives—living by the Spirit. "I say then: Walk in the Spirit (be led by the Spirit, Gal 5:18) and you shall not fulfill the lust of the flesh" (Gal 5:16). The Spirit here is not to be understood as some mysterious, mystical, magical force. Rather, to be led by the Spirit is to be guided and directed by the word of God, which the Holy Spirit inspired, and through which He speaks and teaches (Jn 14:26, 15:26, 16:13).

This is how "you put to death the deeds of the body—by the Spirit." The word of God teaches us to "put off concerning your former conduct, the old man which grows corrupt according to the deceitful lusts, and be renewed in the spirit of your mind, and that you put on the new man

which was created according to God, in righteousness and true holiness" (Eph 4:22-24). "And those who are Christ's have crucified the flesh with its passions and desires" (Gal 5:24).

Does this describe you? "If we live in the Spirit let us also walk in the Spirit (submit to God's will and be led by the Spirit—through the living and enduring Word of God). The inspired apostle Paul offers one last admonition: "Do not be deceived, God is not mocked; for whatever a man sows, that he will also reap. For he who sows to his flesh will of the flesh reap corruption (in the short-term, moral corruption and decay...in the long-run, eternal misery in hell), but he who sows to the Spirit will of the Spirit reap everlasting life" (Gal 6:7-8). — **Terry Schmidt** ✍

## Gospel Meeting



September 23-26  
with Brent Newton

"Loving the Church Jesus Built"

*Invite your family,  
friends and neighbors!*

(Flyers are available on the back table).



It is our pleasure  
to announce that  
**Connie Henderson**  
has expressed her

desire to place membership here at  
*Southern Maine* church of Christ. We are  
pleased and blessed to have her worship  
with us and warmly welcome her  
into our spiritual family! ☺



## Ladies' Corner

Gospel Meeting: The sign up sheets for 'after snacks' during our gospel meeting are on the back table.

### ANNOUNCEMENTS:

- **Gospel Meeting with Brent Newton:**  
"Loving the Church Jesus Built"  
September 23-26 (Sunday through Wednesday)
- **Potluck Fellowship:** Sunday, Sept 23, after services
- **Greenwood Nursing Home Service:**  
Every Sunday afternoon at 3:30 PM.  
All are welcome! ☺



### September Birthdays



18th - Karlee Wells  
26th - Genesis Cuvellier  
28th - Bethany Boucher



### POINTS TO PONDER

What we let into our minds  
affects who we are and  
shapes the state of our souls.  
(See Proverbs 4:23 & 23:7)

## SNACKS!

Sept 16: Catherine  
Sept 23: Jan



### Numbers for 9/9/18

Attendance - 27  
Contribution - \$622

## Order of Worship

September 16, 2018

"Give to the LORD the glory due His name;  
bring an offering and come before Him.  
Oh, worship the LORD in the beauty  
of holiness!"

- 1 Chronicles 16:29 -

Song Leader: *Paul Cote*

Song

Opening Prayer: *Wayne Sampson*

Song

Scripture Reading: *Jason Kennedy*  
~ Judges 14:1-3 ~

Song

The Lord's Supper:  
*George Cuvellier & Ernie Perry*

Contribution

Song

Sermon: *Terry Schmidt*  
"Samson's Struggle"  
(Is our struggle)

Song

Announcements & Closing Prayer:  
*Paul Bullock*

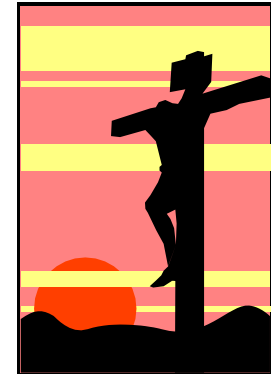
Alternate/fill-in: *Jim Miller/George Nick*

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Lord's Supper Prep: *Betty Schmidt*

## Southern Maine Church of Christ

159 Alfred Road, P.O. Box 344  
West Kennebunk, ME 04094



*We love Him, because  
He first loved us.  
- 1 John 4:19 -*

September 16, 2018

### Sunday Assembly Times:

9:30 am — Bible Class  
10:30 am — Worship  
6:00 — Bible Study

### Wednesday Assembly:

7:00 — Bible Study

Phone: 207-229-4174

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