

Prayer Requests:

"Pray for one another" — James 5:16

- Brent Bell - health concerns
- Diane Cote - diagnosed with kidney disease
- John Donofrio (Betty's brother) - much of his ulcerated large intestine was removed; please pray for restoration of his health
- Paul & Sandy Gagnon - Paul: at River Ridge; Sandy: has been moved to Seal Rock in Saco and is in Room 112; call the switchboard at 283-3646 and then ask for her room
- Jean Gortot - suffering with advanced cancer
- Erik & Janice Grabowski - "please pray that the Lord would open doors for us to have a child"
- Mary (Paula's mom) - on new medication to stop liver tumor growth; now in palliative care
- David Murphy (Sandy's brother) - inoperable prostate cancer; a cancerous tumor recently found in nose; undergoing radiation therapy
- George & Caren Nick - daughter Vivian gave birth to a healthy baby boy on Friday, May 13; both mother and son are doing well; the family deeply appreciates your love & prayers
- Ernie Perry - right shoulder healing; having surgery on left shoulder May 31; COPD issues
- Wealthie Perry - various health concerns
- Don Pfeiffer - bladder cancer has returned
- Karlee Wells - has been accepted to a 2-year doctorate program at work which will provide greater opportunities & better working conditions; dealing with chronic pain & health issues
- Blake Williams - personal & family struggles
- Peter Wolenty (Sandy's brother-in law) - had illiostomy that will be reversed later on; prayers are requested for his health & healing
- Please pray for our nation (1 Timothy 2:1-3)
- Please pray that we might find a suitable and affordable permanent meeting place
- Please pray for those not with us today

"Pray without ceasing." - 1 Thess 5:17



Are You at the End of Your Rope?

You've probably heard the saying, "If you're at the end of your rope—just tie a knot in it and hang on!" While there is a lot to be said for tenacity and perseverance, the fact of the matter is that, sooner or later, your exhaustible strength will fail you. And even the strongest person is bound to lose their grip and fall.

There is a story that's told of a soldier who fell off of a cliff in the dark. On his way down, he managed to grab hold of a rather fragile branch and was hanging on for dear life. A voice out of the darkness told him to let go. Having few alternatives, he did just that and fell a few feet to the safety of a rock ledge below.

That's exactly what we need to do when we're at the end of our rope. When our feeble strength has reached its end, and we're hanging on to the fragile things of this life, our faith needs to move us to let go and put our trust in God. For it's only after we let go of those earthly things we so often place our trust in, that we can experience the safety and security of the Rock (Psalm 18:2).

So, when you're at the end of your rope and you feel you're about to lose your grip . . . let go! And let the strength of God support you! (2 Corinthians 3:5; Eph 6:10).

— Terry Schmidt ✍

"God is our refuge and strength, a very present help in trouble. Therefore, we will not fear...."

"Be still, and know that I am God!"

~ Psalm 46:1-2; 10 ~



Mike & Teal Baldasaro are the proud parents of a baby boy born on Wednesday, May 18th.

Giovanni Luciano weighs 7 pounds, 3 ounces and is 20 inches in length. Both baby and mother are doing fine! Thanks for all your prayers for a safe delivery and a healthy baby. They have been answered!

"Sirs, what must I do to be saved?"

- Acts 16:30 -

Hear the Gospel - John 6:44-45; Rom 10:14,17

Believe [trust in] God - John 3:16; 8:24; Ac 16:31
Heb 11:6

Repent of sins - Luke 13:1-5; Acts 2:38; 3:19; 17:30

Confess Christ - Mt 10:32-33; Ac 8:36-37;
Rom 10:8-10

Be baptized - Mk 16:16; Ac 2:38; 8:36; 22:16;
1 Pet 3:21

Be faithful unto death - Mt 7:21; 10:22; Heb 5:9;
Rev 2:10

"Salvation is found in no one else, for there is no other name under heaven given to men by which we must be saved." — Acts 4:12

"Earth hath no sorrow that heaven cannot heal."
— Thomas Moore —

😊 Welcome Visitors! 😊

We are glad you have come to worship with us today. We want you to know that you are welcome. Please don't hesitate to ask if you have questions or if we can help you in any way. Please fill out a visitor's card and sign our guest book before you depart. Have a great week!





Ladies' Corner

Movie Night: at Terry K's on Saturday, June 4th from 5 to 8.

Ladies Meeting: Sunday, June 5th while the men have their meeting.

Nursing Home: The next nursing home visit will be Wednesday, June 15th, 2016 at 9:30 am.



May Birthdays

23rd - Hunter Wells

30th - Paul Cote



SNACKS!

May 22: Diane

May 29: Nancy



POT LUCK BARBECUE

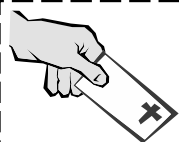
Our next potluck fellowship on **June 12th** will be a cook out at Susana & Bob's. Bob will have the grill fired-up and ready-to-go so bring a meat, salad or dessert, and something to drink. Also, please bring your own chair. See you there! ☺

ANNOUNCEMENTS:

- Next Men's Business Meeting:
Sunday, June 5th, after services

Ladies Bread Ministry

May 29: Betty



Numbers for 5/15/16

Attendance - 22

Contribution - \$729.

Order of Worship

May 22, 2016

"Serve the LORD with gladness; come before His presence with singing. Enter into His gates with thanksgiving, and into His courts with praise. Be thankful to Him, and bless His name."

- Psalm 100:2, 4 -

Song Leader: *Paul Cote*

Song

Opening Prayer: *Seth Willey*

Song

Scripture Reading: *Erik Grabowski*

~ 1 Samuel 30:1-6 ~

Song

The Lord's Supper:

George Nick & Jason Kennedy

Contribution

Song

Sermon: *Terry Schmidt*

"The Source of Our Strength in Times of Trouble"

Song

Announcements & Closing Prayer:

Wayne Sampson

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Lord's Supper Prep: *Terry Kennedy*

## Southern Maine Church of Christ

159 Alfred Road, P.O. Box 344  
West Kennebunk, ME 04094



*We love Him, because  
He first loved us.  
- 1 John 4:19 -*

**May 22, 2016**

## Sunday Assembly Times:

9:30 am — Bible Class

10:30 am — Worship

6:00 — Bible Study

## Wednesday Assembly:

7:00 — Bible Study

Website: [www.sm-cc.org](http://www.sm-cc.org)

Phone: 207-229-4174

Email: [tls654b@gwi.net](mailto:tls654b@gwi.net)