



Ladies' Corner

Nursing Home: Our next regular visit to the nursing home will be Wednesday, January 18th. We meet there at 9:30 am. The residents are very encouraged by our visits.

Ladies Retreat Planning meeting: Saturday, February 7 at 9:30 am at the Brunswick church of Christ.

Biddeford Ladies Day: Saturday, March 14 from 10:00 am to 2:15 pm. Theme: *The Best Part of Waking Up*
Speaker: Celine Sparks, editor of humor for Christian Woman magazine.

January Birthdays:

26th - Susana Kazel

ANNOUNCEMENTS:

- Bread Ministry - Due to winter with few visitors, it is suggested that we not make the bread until the Spring.

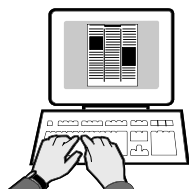


January 18: Nancy
January 25: Sandy



I cried out to the Lord
because of my affliction,
and He answered me.
- Jonah 2:2 -

"The just shall live by faith." — Hab 2:4



BULLETIN ITEMS: If you have a prayer request or an announcement for the bulletin, please contact Terry Schmidt at 284-9191 or e-mail at tls654b@gwi.net Thank you!

Order of Worship

January 18, 2015

"Oh come, let us sing to the LORD! Let us come before His presence with thanksgiving. Oh come, let us worship and bow down; let us kneel before the LORD our maker."

- Psalm 95:1, 2, & 6 -

Song Leader: *Nate Hios*

Song

Opening Prayer: *Tony Grant*

Song

Scripture Reading: *George Nick*

Song

The Lord's Supper:
Wayne Sampson & Tony Grant

Contribution

Song

Sermon: *Nate Hios*

Song

Announcements & Closing Prayer:
George Nick

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Greeter: *Terry Kennedy*

Lord's Supper Prep: *Jan Sampson*

## Southern Maine Church of Christ

159 Alfred Road, P.O. Box 344  
West Kennebunk, ME 04094



*We love Him, because  
He first loved us.  
- 1 John 4:19 -*

**January 18, 2015**

## Sunday Assembly Times:

9:30 am — Bible Class  
10:30 am — Worship  
6:00 — Bible Study

## Wednesday Assembly:

7:00 — Bible Study

Website: [www.sm-cc.org](http://www.sm-cc.org)  
Phone: 207-229-4174  
Email: [tls654b@gwi.net](mailto:tls654b@gwi.net)

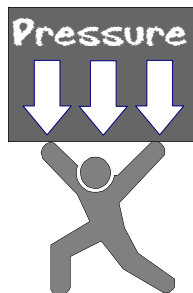
## Prayer Requests:

*"Pray for one another"* — James 5:16

- Amanda Bates (nurse at River Ridge) - has leukemia; undergoing chemotherapy
- Bob Cook - overall health concerns
- Karen Gagnon (Keith's mother) - angina
- Paul & Sandy - Sandy—at home and doing better; healing & getting stronger; Paul—was accurately diagnosed last week with a blistering disease which has been causing severe itching for months; now effectively being treated and getting better
- Jean Gortot - inoperable, untreatable cancer
- Nate Hios - ongoing allergies and sickness
- Rebecca Hios - begins new job in February
- Terry Kennedy - recovering from knee replacement surgery; presently undergoing PT
- Tripp Murray & Family (Amber's friends) - a recent MRI revealed the absence of any brain tumors; praise God for answered prayers!
- Ernie & Wealthie Perry - ongoing health issues & concerns
- Priscilla (Kathy's friend) - stage four stomach cancer; please pray for her family as well
- Rebecca, Caren & Karlee - as teachers, their school situations are very challenging
- Jan Sampson - chronic & severe hip pain; consulting medical professionals for options
- Betty Starling (friend of TK from San Marcos, TX) - steadily recovering from stroke
- Susana & Bob - safe & sound in Florida
- Henry & Carolyn Terrill - both having back trouble and dealing with pain
- Karlee Wells - dealing with chronic pain
- Blake Williams - dealing with Lyme Disease
- Please pray for our nation (1 Timothy 2:1-3)
- Please pray for those not with us today

**Note:** Items not regularly updated will be removed at the end of each month. Thank you.

*"Pray without ceasing"* — 1 Thess 5:17



## Pressure

Although "our citizenship is in heaven" (Phil 3:20), and we are blessed with "every spiritual blessing in Christ" (Eph 1:3), Christians are not immune to the problems, stresses and pressures of life. Even the inspired Apostle Paul had to deal with these. In 2 Corinthians 11, after listing a number of trials and tribulations he had endured, Paul adds: "Besides everything else, I face daily the pressure of my concern for all the churches" (v. 28).

The dictionary defines pressure as: (1) "the burden of physical or mental distress; (2) the constraint of circumstance; the weight of social or economic imposition; (3) the stress or urgency of matters demanding attention." No doubt, we can definitely relate to these distressing and daunting definitions.

Of course, some pressure in life is useful. The same continuous pressure that will grind a stone into sand will turn carbon into one of the strongest and most durable substances known to man—a diamond! Perhaps Paul had this in mind when he said in 2 Corinthians 4:8, "We are hard pressed on every side, but not crushed."

The Greek word translated "hard pressed" means "suffering due to the pressure of circumstances." How was it that Paul could endure such tremendous pressure without being crushed? He gives the answer in Galatians 2:20, "I have been crucified with Christ and I no longer live, but Christ lives in me!"

Christ "in us" gives us the strength to oppose the outside forces of the world that would threaten to crush us. And our "pressure suit" is the armor of God outlined in Ephesians 6:10-18. Pressured? Yes. Crushed? Never! "No, in all these things we are more than conquerors through him who loved us!" (Romans 8:37).

— Terry Schmidt ✍

**"Sirs, what must I do to be saved?"  
- Acts 16:30 -**

**Hear** the Gospel - John 6:44-45; Rom 10:14,17  
**Believe** [trust in] God - John 3:16; 8:24; Ac 16:31  
 Heb 11:6  
**Repent** of sins - Luke 13:1-5; Acts 2:38; 3:19; 17:30  
**Confess** Christ - Mt 10:32-33; Ac 8:36-37;  
 Rom 10:8-10  
**Be baptized** - Mk 16:16; Ac 2:38; 8:36; 22:16;  
 1 Pet 3:21  
**Be faithful** unto death - Mt 7:21; 10:22; Heb 5:9;  
 Rev 2:10

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*"Salvation is found in no one else, for there is no other name under heaven given to men by which we must be saved." — Acts 4:12*

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## POINTS TO PONDER:

When Jesus called His disciples to follow Him, it was an invitation to be changed by Him, and to share His passion for those who need a Savior. The high honor of being His follower should show in our lives as well. We too have been called to catch the attention of the watching world as we talk, think, and act just like Jesus—the teacher of our souls. — Joe Stowell

☺ **Welcome Visitors!** ☺

We are glad you have come to worship with us today. We want you to know that you are welcome. Please don't hesitate to ask if you have questions or if we can help you in any way. Please fill out a visitor's card and sign our guest book before you depart. Have a great week!

